

U7 & U9 Rookey Season Information

BRISBANE WOMEN'S HOCKEY ASSOCIATION



Contact Number

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bwaha

Brisbane Womens Hockey Association

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Save the Dates!

U7 & U9 Come and Try Carnival – March 27th at Rasey Park

Purpose;

- An opportunity for U7 & U9 teams to kick-start their season with a friendly pre-season carnival.
- An opportunity for new players to link with local clubs.
- Exposure to the Rookey format, and an opportunity for players, parents and club officials to get familiar with Rasey Park and the competition.
- Opportunity for BWA to connect with and provide development to the season's coaches, managers and umpires, via an orientation session prior to games.

Season Dates – April 17th – August 14th

Holidays – No U7 & U9 games on the following dates due to school holidays:

- 3rd July
- 10th July

Uniforms

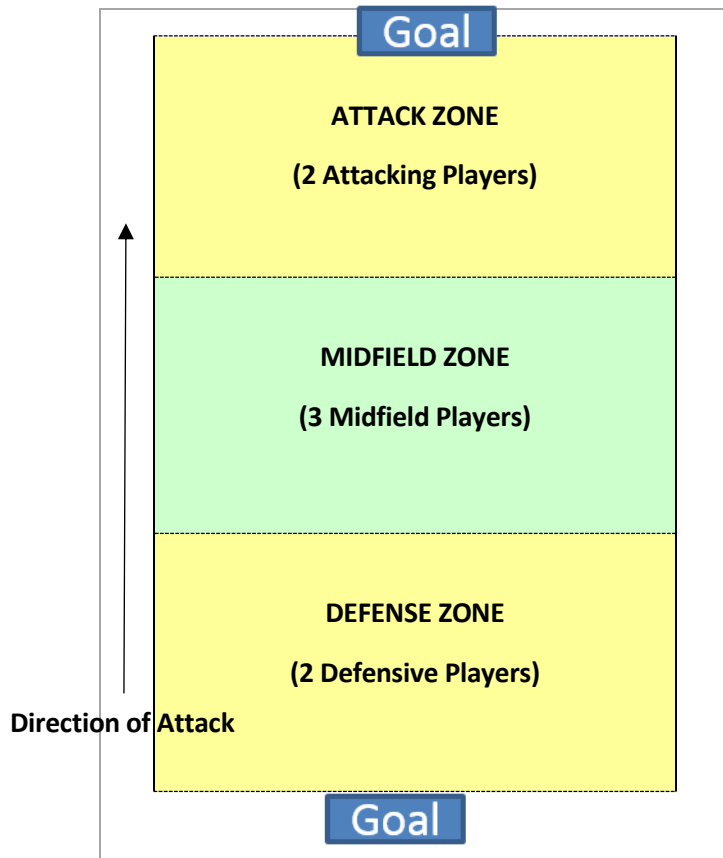
Rules which must be followed whilst participating in Rookey:

- Mouth guards and shin pads are compulsory.
- Shoes – regular sports joggers are appropriate.
- No stockings, leggings, tights or jumpers are to be worn (under or over the uniform) during fixtures – black or club coloured 'bike pants' are appropriate under skirts.

Only soft brimmed hats or bucket hats are to be worn (no caps or hard brimmed hats).

How to Play U7 Rookey

Rule adaptations for the U7 age group:



The above template is an example of the 'zones' in Rookey. Both teams adhere to these zones, but in the opposite direction heading towards their goal.

The aim is for players to learn about each zone and the ability to use vision to pass the ball out of each zone while maintaining possession.

- Games are run on 2 x 20-minute halves (5-minute break between).
- The game is commenced at the start of each half and after each goal, with a centre pass. At the time of commencement, each team must be on their own goal side of the centre spot.
- 7 players per team are permitted on the field at a time
- 3 Boys per team are permitted on the field at a time.
- There are NO GOALKEEPERS in U7.
- A goal can be scored from anywhere in the attack zone.
- Pushing and slap hitting only are permitted in U7 Rookey.
- Players are to be rotated into each of the 3 zones during the game.
- Players must remain in their zone until rotated.
- If the ball is stuck in a zone for a long period of time, the umpire may blow the whistle and roll the ball into the next zone, to ensure full participation by all **players**.

Refer to the BWA Operations Manual for the full rules.

How to Play U9 Rookey

Rule Adaptations for the U9 age group:

- Games are played on a half field pitch, 2 x 20 min halves.
- Some fields will have portable goals (the fixture draw will advise which teams are to return these to the shed after their game).
- 9 players per team are permitted on the field at a time.
- 3 Boys per team are permitted on the field at a time.
- Equipped Goal Keepers are required – see rule 3 (i) for further guidance.
- Players may now hit, flick, push & scoop the ball.
- The ball should not be raised above waist height.
- The stick is not to be raised above shoulder height; all dangerous play should be penalised immediately.
- Penalty Corners should be played.
- (During Penalty Corners) Only the Goal Keeper is allowed inside the goal box, 4 other defenders are to stand outside of goal box on the opposite side of the push out.
- If no equipped Goal Keeper (with helmet), then no defender shall be in the goal box to defend the PC - therefore 5 defenders will stand outside the goal box on the opposite side of the push out and the rest of the team is on the half way line

Refer to the BWA Operations Manual for the full rules.

Match Sheets

Brisbane Women's Hockey Association Inc
TEAM & MATCH RECORD - SENIORS

| | | | | | | | | |
|---|------------------|---------------------------|--------------|-----------------------|-------------------------------|-------|--------|------|
| Team: VALLEYS | | Division: 1 | | Date: 19/03/17 | | | | |
| Opposition: EASTS | | Venue/Field: SHC 1 | | Time: 12:30 pm | | | | |
| Result: Win <input checked="" type="checkbox"/> Draw <input type="checkbox"/> Loss <input type="checkbox"/> Forfeit <input type="checkbox"/> (✓that which applies above) | | | | Goals For 4 | Goals Against 2 | | | |
| USE BLOCK LETTERS ONLY - ALPHABETICAL | | | | | | | | |
| Start | Team ✓ | Sub On (min) | Shirt No. | Surname | First Name (Sub Div) & (C) | Goals | Minute | Type |
| 1 | ✓ | | 3 | BOOK | BARBIE | 1 | | |
| 2 | ✓ | | 2 | GOLD | GRETA (GK) | | | |
| 3 | ✓ | | 7 | JONES | JENNA (NEW - FTST) | 1 | | |
| 4 | ✓ | | 10 | KRYSTAL | KIRA (C) | | | |
| 5 | ✓ | | 5 | RED | RUBY | | | |
| 6 | | | 8 | ROYAL | RITA | | | |
| 7 | ✓ | | 1 | SMITH | SALLY | 1 | | |
| 8 | ✓ | | 4 | SMITH | STACEY (CHANGE TO - CAS 5) | | | |
| 9 | ✓ | | 11 | STRONG | MANDY | | | |
| 10 | ✓ | | 6 | WHISTLE | WANDA | | | |
| 11 | ✓ | | 12 | WONG | WENDY | | | |
| 12 | ✓ | | 14 | YOUNG | YOLANDA | 1 | | |
| 13 | | 14 | 9 | HOCKEY | HELEN (DIV 2) | | | |
| 14 | | 26 | 12 | PINK | PETA (DIV 3) | | 59 | G |
| 15 | | | | | | | | |
| 16 | | | | | | | | |
| 17 | Coach: | | | LORETTA LOW | | | | |
| 18 | Assistant Coach: | | | MICHELLE FIELDING | | | | |
| 19 | Manager: | | | SALLY SLIDES | | | | |

A maximum of nineteen (19) named personnel are permitted in the dugout area.

| Goal Summary | | | | Set Play Summary - Own Team | | | | Set Play Summary - Opp. Team | | | |
|--------------|------|--------|------|-----------------------------|------|--------|------|------------------------------|---------|----------------------|---------|
| Club | Time | Plyr # | Type | Club | Time | Plyr # | Type | Penalty Corners | Strokes | Penalty Corners | Strokes |
| Valley | 6 | 8 | PC | | | | | 1 st Half | | | |
| Easts | 9 | 2 | FG | | | | | 2, 18, | | 1 st Half | |
| Easts | 20 | 7 | FG | | | | | | | 3, 10, 22 | |
| Valley | 40 | 3 | FG | | | | | | | | |
| Valley | 50 | 7 | FG | | | | | 2 nd Half | | | |
| Valley | 54 | 14 | FG | | | | | 35, 48, | | | |

Misconduct & Offence Types

Yellow Cards: Y1 - Bad Tackle; Y2 - Dissent; Y3 - Deliberate Breach; Y4 - Swearing; Y5 - Other:.....

Red Cards: Reason:.....

Captains: Sig: R. Reid Sig: B. White

Umpires: Name: Sig: Name: Sig:

Indicate Ump Type: Official Sub/Vol Indicate Ump Type: Official Sub/Vol

Tech Officers:

BWHA: Own Team: Opposition Team:

RED - Manager to fill out **ORANGE - Umpires & Captains to fill out**
GREEN - Turf - Tech Officer/bench or at Grass - Manager (as needed) to fill out

U7 and U9 games are graded. "Match Results" are necessary for this process and for ongoing reviews during the season - ensure managers hand this in each Saturday.

Teams are graded on composition (e.g. a team of all new players vs experienced players, first year in U9s or returning players).

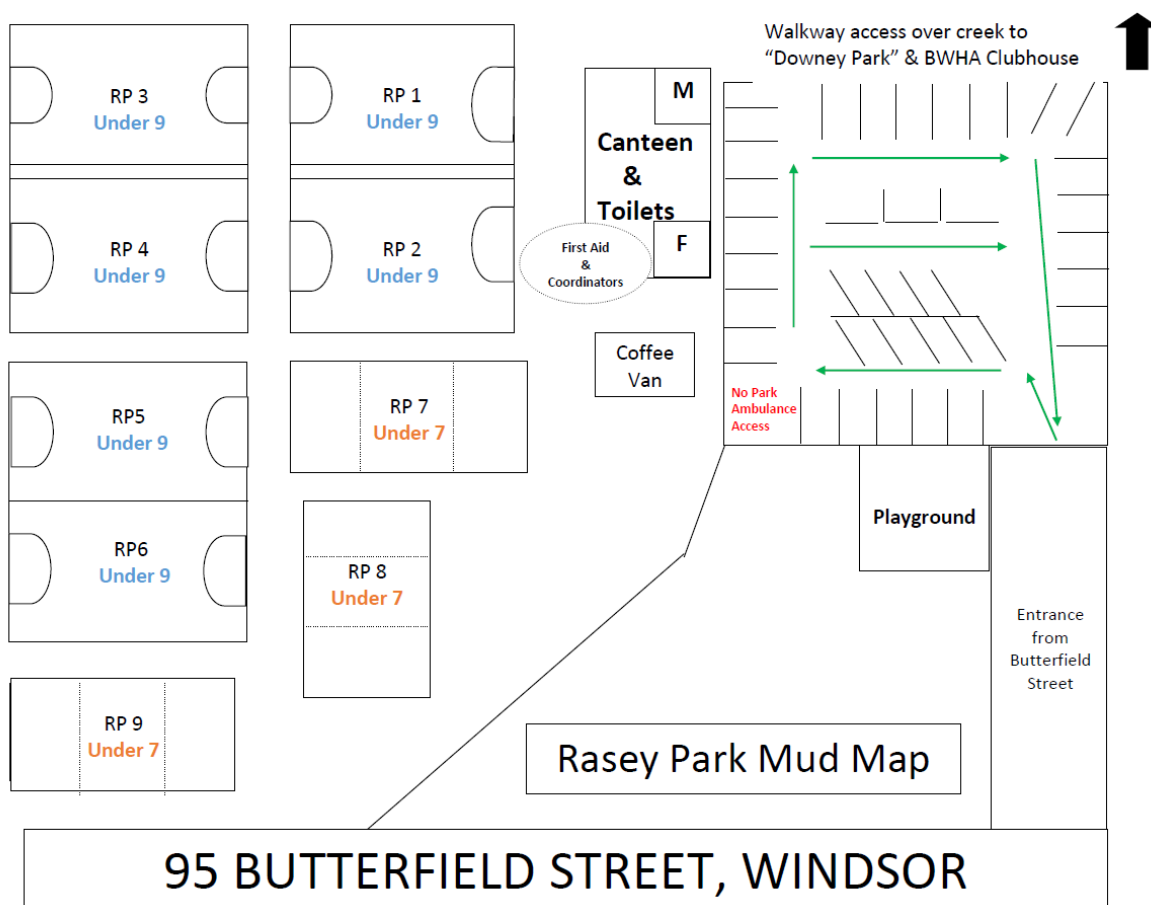
Match sheets are to be completed and returned after each match to the Game Day Coordinators desk.

bwha

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Rasey Park Map and Car Parking Facilities



Field Map

Where possible, goal boxes will be permanently fixed. Goal boxes that are not fixed will be the responsibility of clubs on duty to put out.

Clubs on duty will be advised on the morning on which goals are to be put out.

First Aid will be located at the clubhouse. Minor injuries are to go to the clubhouse to receive treatment. The First Aid Officer will attend the field for any major injuries.

Carpark

The Rasey Park Carpark is limited. Patrons are to park within the lines, and follow the one-way signs, as per the diagram above.

For neighbouring streets that access Rasey Park – Butterfield Street, Gould Road, and Bird St – please respect these as residential areas.

It is NOT ACCEPTABLE to park in the entrance to Rasey Park, park another patron 'in', or park across a driveway on neighbouring.

Offenders will be reprimanded.

Umpiring and Coaching U7 and U9

All umpires must sign in at the Coordinators table, 15 minutes prior to their fixture.

U7 - one umpire is required for U7 games. The team listed first on the draw is responsible for supplying the umpire for that week.

U9 – two umpires are required for U9 games – each team is to supply one.

It is not appropriate for a coach to be umpiring and/or mentoring a junior coach or umpire at the same time.

Umpires allocated should be experienced to enable the game to flow.

Club Duties

Each Club will be assigned a duty roster during the season, this includes co-ordination of the following;

- **BBQ staff** (up to 3 or 4 people from 7.45am – 11am)
- **Portable Goals** – Where portable goals are located (if any), the club is responsible for assembling the portable goals and returning them to the clubhouse after the last fixture.
- **Corner Flags** – clubs are to put out and return the corner flags.

The Duty Roster is available on our website and is also emailed to your club, this often coincides with your clubs' raffle day.

Weather

Games cancelled due to wet weather will not be rescheduled.

Clubs will be notified via email, the BWA Website and Facebook page will be updated.

Wet Weather Line – 1900 962 018

Contact Us

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