

BRISBANE WOMEN'S HOCKEY ASSOCIATION INC SUN SAFE POLICY

The health of the participants is of primary concern to Brisbane Women's Hockey Association Inc. It is acknowledged that skin cancer is a major public health problem in Australia, with two out of every three people requiring treatment for some form of skin cancer in their lifetime. It is recognised that skin cancer is preventable and like any other medical condition, it is best dealt with by the application of preventable measures. While Brisbane Women's Hockey Association Inc. will endeavour to assist in sun protection when at meetings, training and competition, it is accepted that ultimately, the responsibility is that of each individual.

- 1.1 Where possible, Brisbane Women's Hockey Association Inc. will endeavour to schedule activities outside the hours of 10.00am and 3.00pm.
- 1.2 Brisbane Women's Hockey Association Inc. will endeavour to provide broad spectrum 30+ sunscreen or zinc cream for all representative teams.
- 1.3 Brisbane Women's Hockey Association Inc will endeavour to have 15+ sunscreen or zinc cream available for sale to all members and spectators.
- 1.4 In future, clubs will strive to conform to "*Queensland Cancer Fund Guidelines for Sun Safe Clothing*" when choosing uniforms.
- 1.5 Members will be encouraged to wear a hat, which protects the face, ears, neck, shoulders and crown of the head while participating in Brisbane Women's Hockey Association Inc. activities.
- 1.6 Members will be encouraged to wear sleeved shirts with collars.
- 1.7 Members will be encouraged to make maximum use of existing natural shade.
- 1.8 Members will be encouraged to make maximum use of shade from existing buildings and other built shade structures.
- 1.9 Due to attending events at various localities, Brisbane Women's Hockey Association Inc. will endeavour to provide suitable, portable shade structures at all events, for our representative teams.
- 1.10 Brisbane Women's Hockey Association Inc. will endeavour to promote sun safety in a positive way, through newsletters, written literature and over the public address system.
- 1.11 Brisbane Women's Hockey Association Inc. will ensure that coaches, trainers, officials and members in prominent positions will act as strong role models, making use of all sun protection available.
- 1.12 Officials will endeavour to regularly revise and upgrade sun protection measures.
- 1.13 Brisbane Women's Hockey Association Inc. will endeavour to act in a "sun safe" manner when competing regionally, interstate or nationally.