

BRISBANE WOMEN'S HOCKEY ASSOCIATION

GUIDELINES AND PROCEDURES FOR REPRESENTATIVE TEAM SPORTS TRAINER/PHYSIO/FIRST-AID OFFICER

- Attend training sessions when requested/necessary.
- Attend any official meetings.
- Confer with BWHA Office and Manager for training schedule, rules and any injured player.
- Be present on teams playing bench where possible.
- Attend to injured players before, during and, if required, after competition.
- Become familiar with tournament/competition rules regarding on field treatment of injuries.
- Confer with Manager and Coach about team preparation, eg. Nutritional intake, and care for players.
- Write a report after tournament.
- Conduct fitness tests 14 days prior to departure and before last training session in conjunction with BWHA appointed Representative. (eg.Coach, RDC)
- When an injury occurs away from game or training, the player will notify Manager and Coach who then must contact the BWHA Office. (Development). It is the responsibility of BWHA office to contact and consult Sports Professional if required.
- A Sports Trainer will be sent with U11, U13 and Veteran Teams
- A Physiotherapist will where possible, be sent with U15, U18, Open and Premier League Teams.