

Section 1 – Answer True (T) or False (F) on the Answer Sheet Provided

Q 1–5 refer to BWAH By-Laws and Local Rules

1. Substitutions for players (except goal keepers who may substitute from the backline) of both teams must be made at the centre line on the same side of the field. Answer: True BWAH Local Rules 13.6
Substitutes must enter and leave the field near (within 3m) the halfway line except goalkeepers who may substitute from the backline- even though there isn't a tech bench or dugout at Downey Park the same rules apply at both turf and grass.
2. If a sports trainer is called onto the field to treat a player (other than a GK), the player must leave the field for a minimum of 5 minutes. Answer: True BWAH Local Rule 12.7
Any injury that requires a sports trainer to be called on to the field, then the player (except a goalkeeper with the approval of the duty sports trainer) must leave the field for a minimum of five minutes.
3. On very hot days, if one team wants a drinks break then one may be taken halfway through each half, at a convenient stoppage of play. Answer : False refer BWAH weather policy
4. It is a forfeit if a team can not field a team of 9 players (including a goalkeeper) when the siren starts.
5. Players may not wear jewellery (plus on the turf they may not wear bobby pins) for the safety of all players (and to prevent damage to the turf). Answer: True BWAH Local Rule 7.5 and 7.6
It is compulsory for players to remove or cover up (tape) all jewellery prior to taking part in any match. A BWAH official may remove any non-conforming player from the field and (7.6) Bobby pins cannot be worn on any turf surface.

Q6-13 refer to FIH Rules of Hockey

6. The purpose of the mandatory experimental new "free hit" rule is to speed up the game and reduce the possibilities of danger. Answer : True Directions for Implementation of 2009 new free hit rule
7. If the ball strikes an umpire or object on the field, play is restarted with a bully. Answer: False FIH rule 11.8
If the ball strikes an umpire, unauthorized person or object on the field, play continues
8. When taking a self-play free hit, a player must make 2 clear motions –
i) a stop; with a
ii) push/hit to follow immediately. Answer : True FIH rule 13.2 a and f
The ball must be stationary. If the player taking the free hit is the next person to play the ball the action of taking the free hit and next playing the ball must be two separate actions.
9. From a free hit awarded to the attack within the 23m area, the ball must not be played into the circle until it has travelled at least 5m or has been touched by a player of either team other than the player taking the free hit Answer : True FIH rule 13.2 h
10. On a penalty corner, the player bringing the ball into play (from the backline) must have at least one foot outside of the field of play. Answer: True FIH rule 13.3 c
11. The disengaged umpire (refer diagram on previous page) cannot blow infringements in the engaged umpire's circle. Answer: True FIH rule 11.4
Each umpire is responsible for decisions on free hits in the circle, penalty corners, penalty strokes and goals in one half of the field.
12. A defender can deflect a shot at goal with their stick above shoulder height. Answer : True FIH rule 9.7
Players must not play the ball with any part of the stick above shoulder height except that defenders are permitted to use the stick to stop or deflect a shot at goal at any height



13. The signal for a dangerous ball is: 2 arms crossed in front of chest (refer diagram)
Answer : False Umpiring 4.5 a one arm placed diagonally across the chest

Section 2 – Circle one answer for each question on the answer sheet provided

Q 14–30

14. There is a noisy clash of sticks. Has an offence been committed?
- A. Yes. The player who tackled the ball carrier would have infringed so the ball carrier should have a free hit.
 - B. No. You expect a clash of sticks when two or more players are trying to get the same ball.
 - C. It depends – watch the direction the ball travels. Only penalize if you are sure there has been an offence. Answer: C Directions to umpires 2009
15. An attacking player hits the ball straight towards the circle from a sideline hit inside the 23m area.
- A. Blow the whistle immediately and award a free hit to the defending team as the ball can't be hit straight into the circle within the 23m.
 - B. Hold blowing the whistle. If the ball hits the stick of any player before entering the circle, play on as there has been no infringement.
 - C. Hold blowing the whistle. If the ball enters the circle without touching the stick of any player, free hit to the defending team.
 - D. B and C Answer: D FIH Rule 13.2 h From a free hit awarded to the attack within the 23m area, the ball must not be played into the circle until it has travelled at least 5m or been touched by another player. (No offence has been committed until the ball enters the circle without being touched.)
16. A free hit is awarded to the opposing team:
- A. For an offence by any player between the 23m areas
 - B. For an offence by an attacker within the 23m area their opponents are defending
 - C. For an unintentional offence by a defender outside the circle but within the 23m area they are defending
 - D. All of the above Answer: D FIH rule 12.2
17. Can a goalkeeper or kicking full-back take part in the match outside the 23m area they are defending?
- A. Yes – but only when taking a penalty stroke;
 - B. No – they are not allowed to move outside of their 23m area for any reason Answer : A FIH rule 12.2
18. An attacker is stick checked by a defender within the 23m area but outside of the circle area. A free hit is awarded to the attacking team and a self-play free hit is legitimately taken by the attacker. The defender, who made no attempt to retire 5m, channels the attacker towards the sideline preventing them entering the circle area. What should the umpire do?
- A. As this is a deliberate offence, a yellow card should be given and a penalty corner should be awarded to the attacking team
 - B. A green card should be awarded as well as a free hit to the attacking team
 - C. Another free hit should be awarded Answer : A FIH rule 13.2 b (If an opponent is within 5 m of the ball, they must not interfere with the taking of the free hit or must not attempt to play the ball) and Directions to Umpires 2009 (award the appropriate penalty for infringements and be aware of breakdowns of play situations, intentional interference with free hits and use personal penalties as required or appropriate
19. A player passes a ball around an opposition player, then runs straight into that player. Has an obstruction occurred?
- A. Yes, the opposition player was in the way, so she has caused an obstruction. Free hit to the player who had the ball.

- B. Consider the following criteria to make your decision:
- Is the tackler trying to play the ball?
 - Is there a possibility of the player who had the ball to regain possession of the ball
 - Is there active movement to prevent the playing of the ball?
 - Did the player in possession of the ball back into or move into the tackler?
- Answer B: Directions to umpires 2009
20. While a defender has control of the ball (in the circle they are defending) they are heavily body checked by an attacker. Although they retain possession, their options for developing the play are limited. What decision should the umpire make?
- A. Free 15m (16 yd) hit to the defence – there is no advantage in allowing the defender's team to play on
- B. Play on – they have possession Answer: A FIH rule 12.1
 Advantage: a penalty is awarded only when a player or team has been disadvantaged by an opponent breaking the rules.
21. A goal keeper is outside of the circle they are defending and within the 23m area. In an attempt to stop an attacker in possession of the ball, they use their kickers to propel the ball. Is this permitted?
- A. Yes – they have full goalkeeping privileges while in their 23m area
- B. No – a player with goalkeeping privileges is considered to be a field player when outside the circle they are defending. A penalty corner should be awarded. Answer: B FIH rule 10.5
22. A free hit is awarded inside the attacking 23m area 1m from that line to the attacking team. The player dribbles the ball back over the 23m line, then drives the ball straight into the circle without being touched by a player from either team.
- A. Free hit to the defending team, the ball hasn't travelled 5m or been touched by another player before entering the circle.
- B. Play on – once the ball has crossed the 23m line, it doesn't have to travel 5m or be touched by another player before it enters the circle. Answer A FIH rule 13.2 h
23. While in the circle they are defending, with an attacker within playing distance, a defender traps a ball that then rolls over their foot. Is this permitted?
- A. Yes – no advantage has been gained
- B. No – a penalty corner should be awarded because this is an offence by the defender in the circle which has given them an advantage. Answer B FIH rule 12.1
24. A ball is hit high through a group of players into the circle.
- A. Free hit to the opposing team as the ball was dangerous.
- B. Consider if there has been legitimate evasive action by a player / players or has a player been hit above knee height (without having moved into the path of the ball). Common sense should be applied. Answer B FIH rule 9.8 and 9.9
 All raised balls need to be judged on danger even within the circle
25. A defender standing behind the goal keeper stops a shot at goal with their leg.
- A. Penalty corner – It wasn't intentional, the defender didn't mean to stop the ball with their leg, it was just poor skills.
- B. Penalty stroke – the defender committed an offence which prevented a certain goal being scored. Answer: B FIH rule 12.4
 A penalty stroke is awarded for an offence by a defender in the circle which prevents the probable scoring of a goal
26. During the taking of a free hit by the attackers within the attacking 23m area:
- A. All players other than the player taking the free hit must be 5m from the ball when the free hit, long corner or sideline hit is taken;
- B. BEFORE the ball can enter the circle it MUST be touched by another player or for a player taking a "self-play" free hit, the ball must be dribbled at least 5m before it is played into the circle.

- C. A player can “self-pass” and then dribble the ball for 5m, or pass the ball at any time to a team mate who was at least 5m from the site of the free hit, and is outside the circle.
D. All of the above

Answer: D FIH Rule 13.2 c and h

27. While defending in their circle, the ball hits the foot of the defending team’s FB while an attacker is dribbling towards goal. The engaged umpire did not see this infringement. What are the options for the disengaged umpire (please refer to diagram on p.4 of this paper)
- A. Because they saw the infringement, they are entitled to award a penalty corner to the attacking team
B. Because they are the disengaged umpire, they should wait for the engaged umpire to look to them for assistance, and after this occurs, they should indicate to the engaged umpire that they should award a penalty corner to the attacking team. If not, the decision stands.
C. Because it is not the circle that they are responsible for, they should do nothing

Answer : B FIH rule 11.3 and Directions to Umpires 2009

28. The ball is kicked by an attacker into the goal while they are being closely marked by a defender. The engaged umpire did not see this infringement and awards a goal. What are the options for the disengaged umpire (please refer to diagram on p.4 of this paper)
- A. Because they are the disengaged umpire, they should wait for the engaged umpire to look to them for assistance, and after this occurs, they should indicate to the engaged umpire that they should award a free hit to the defending team. If this does not occur the decision stands.
B. Because they saw the infringement, they are entitled to award a free hit to the defending team
C. Because it is not the circle that they are responsible for, they should do nothing.

Answer A: FIH rule 11.3 and Directions to umpires

29. After a penalty corner is awarded and before it is taken, the defending team seeks to make a substitution of a field player. Is this allowed?
- A. No – only the attacking team can make substitutions before a penalty corner is completed
B. Yes – both field players and GKs can be substituted before the penalty corner is completed
C. No – substitutions are only allowed after the penalty corner is completed, except for an injured or suspended goalkeeper.

Answer : C FIH rule 2.3 a

30. A free hit has been awarded to the attacking team, just inside the attacking 23m area. The ball is passed to a team mate who is standing on the other side of the 23m line, less than 5m away.
- A. Play on – the team mate is on the other side of the 23m line so they do not need to be 5m away.
B. Free hit to the defending team, as all players including those on the other side of 23m area must be 5m from the free hit.

Answer: B FIH rule 13.2 h